

assignment #10: how long does it take/(feel)?

Choose one day this week to keep track of how long things take — everything you do that day, from waking to falling asleep.

Be as detailed as possible, but don't go crazy – e.g. how long does it take to eat a slice (but not each individual bite) or how long it takes to smoke a cigarette (but not each individual drag).

Keep your watch/cellphone and a notepad handy and note the start time and stop time for each activity or block of time, whether it's brushing your teeth, eating breakfast, staring at the wall, waiting for the subway, etc.

At the end of the day, you'll have a list with activities/events and times.

1. Choose ONE thing that felt like it took a long time, longer than real time. Write one page explaining it, including how you felt, what was going through your mind, what you were doing before/after, who you were with, and why you think it felt longer than real time.
2. Choose ONE thing that felt like it flew by, faster than real time. Write one page explaining it, including how you felt, what was going through your mind, what you were doing before/after, who you were with, and why you think it felt faster than real time.

Both pages are due next week at the beginning of class.